

# BREAKFAST ALL DAY

CAGE FREE EGGS

RED BIRD TURKEY SAUSAGE

ALL NATURAL BACON

HOMEMADE JAM

## RANCH BREAKFAST

2 eggs\* cooked in butter, 2 turkey green chile sausage patties or 3 slices of bacon, home fries, and toast. 13.50

## AVO TOAST

Basted, cage free eggs\*, fresh avocado slices, Romano on buttered, grilled brioche. 12.50

## TWO BIRDS & A BISCUIT

Turkey sausage gravy, crispy chicken breast, & a fried egg\* sandwiched in a homemade buttermilk biscuit. 17.00

## SOUTHWEST BENNIE

Fresh queso sauce, cage free eggs\*, turkey green chile sausage patties, English muffin. 15.50

## HUEVOS RANCHEROS

Over easy eggs\*, homemade red or green, pintos and papitas over flour or corn tortillas. 13.50

## BREAKFAST BURRITO

Really big. Eggs\*, cheddar, papitas, spicy pintos, homemade red or green, onion and tomatoes. 13.50 + bacon or sausage. 1.50

## GRABURRITO

Eggs, cheddar, chile. 9.50 + bacon or sausage. 1.50

## RISE & SHINE SANDWICH

Scrambled eggs\*, cheddar, choice of turkey green chile sausage or bacon, choose an English muffin or homemade buttermilk biscuit, with home fries. 12.50

## BUILD YOURSELF AN OMELET

**CHOOSE 3:** cheddar, cheddar jack, Swiss, pepper jack, cream cheese, Young Guns green chile, organic spinach or greens, avocado, bacon\*, turkey sausage, mushrooms, red pepper. With home fries & toast or bagel. 14.50  
**COMPLIMENTARY ADDS:** tomato, roasted garlic, green or red onion.

## FABULOUS FRENCH TOAST

Our thick cut brioche, fresh strawberries & bananas, caramelized brown sugar butter sauce, lots of real whipped cream. 15

## JUST FRENCH TOAST 11.50

## GLUTEN-NOT FLAPJACKS

Light n fluffy – rice flours, millet, flax, pumpkin, sunflower seeds, pure cane syrup. 12.50

## BABY JACKS 10.50

## BLUEBERRY PANCAKES

Made from scratch, pure cane syrup. 11

## BABY CAKES 9

## ORGANIC OATMEAL

Bob's Red Mill organic oatmeal, cranberries, raisins, walnuts. Choice of dairy, soy, oat or almond milk. 7.50

## BAGEL & CREAM CHEESE 4.75

# DISHES & BOWLS

## HIDDEN TREASURE

Hidden below a mound of organic Jasmine rice and our delicate, coconut red curry sauce are fresh, Asian vegetables and seasoned chicken. 16.50  Sub 

## BUDDHA BOWL

CHICKEN 16.50 | VEGGIES 14 | ORGANIC TOFU 16.50 

Sautéed veggies, ginger & lemongrass sauce, teriyaki, organic brown or Jasmine rice, crunchy wontons.

## CHICKEN COUSCOUS RISOTTO

Creamy pearled couscous risotto, rosemary infused chicken breast, feta, green peas, and fresh broccoli. 18.00

## STEW POT CHICKEN

Deep dish, veggie packed chicken pot pie with tons of flavor. Topped with a big, homemade biscuit. 18.50

## HOMEMADE CHICKEN TENDERS

Made fresh to order with all natural chicken breast & a heap of fries. Choose ranch, honey Sriracha, Mustard Aioli or Buffalo sauce. 16.50

## FISH & CHIPS

Beer battered wild Alaskan Cod, fries, fresh coleslaw, & tartar sauce. 21

## GRILLED FISH TACOS

Grilled Alaskan Cod, avocado, crisp coleslaw, pickled vegetables, spicy STAR Sauce. Choose corn or flour tortillas. 18.50

## FISH DISH *New Version!*

Seasoned, pan fried North Alaskan Cod, topped with porcini butter, served over a medley of sautéed fresh spinach, basil, plump mushrooms, and Israeli couscous. 21

## MAC & CHEESE 12

+ GRILLED CHICKEN 5 | CRISPY CHICKEN 5  
+ BROCCOLI 2.50 | MINI MAC 8

## Serious Snacks

### OVERLOADED QUESADILLA

Spicy grilled chicken, black bean relish, batter dipped onions, tons of cheeses. 13

### CAULIFLOWER (UN) WINGS

Crispy cauliflower florets tossed in homemade Buffalo or Honey Sriracha sauce. Buttermilk ranch for dipping. 11.50

### QUESO MOUNTAIN (OF FRIES)

Homemade queso sauce, hickory smoked bacon, Young Guns green chile. 11.50

# FRESH SALADS

HOUSEMADE DRESSINGS

## VERANO SALAD

Crispy chicken breast in seasoned, tortilla crumbs, romaine, jicama, cotija cheese, tomatoes, black beans, roasted corn, house made chipotle dressing. 17.50

## CRAVE

Lots of bleu cheese, almonds, greens, strawberries, pineapples, apples, cranberries, tomatillo lime vinaigrette. 15 CHICKEN SALAD +3

## CHINESE CRUNCH

Chopped fresh Asian vegetables, seasoned, grilled teriyaki chicken, crunchy wontons, toasted almonds, Asian sesame dressing.

16.50  Sub 

## TOSSED COBB

Grilled, all natural chicken, Hickory smoked bacon, hard boiled egg, bleu cheese, avocado, tomatillo lime vinaigrette. 17

## CHICKEN MEDITERRANEAN

Pesto seasoned grilled chicken, feta, avocado, greens, spiced chickpeas, freshly diced veggies, lemon avocado vinaigrette. 16.50

## ATHENA

Hand breaded feta chunks, fresh avocado, organic spinach & greens, Greek olives, tomato, lemon avocado vinaigrette. 16

## GARDEN OF GREENS

Greens, olives, jicama, grape tomatoes, tomatillo lime vinaigrette. 8.50

 **Gluten Not**

 **Vegan**

## Seasonal

## CRUNCHY CAJUN CHICKEN SANDWICH

Spicy. Feisty. Fat and Juicy. 16

## SPICY BEEF BANH MI

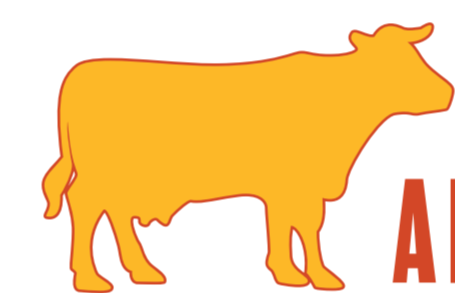
Thinly shaved, spicy beef, fresh & crisp Asian salad, bright, sweet, Vietnamese sauce, all piled into a toasty baguette & topped with house made pickled onions & cucumbers. 18

## GREEN CHILE PORK CALDO

Big bowl of seasoned pork, Autumn Roast Green chile, Yukon Gold potatoes, fresh carrots, cheese, sour cream, tomato, tortilla strips, and cilantro. Served with two flour tortillas. 15

## TASTY TOFU TACOS

100% plants. 3 big tacos - black beans, corn, jalapeno, avocado. You won't miss the meat! 13



GRASS FED  
ALL NATURAL

BURGERS ETC.

+ CHEESE OR AVOCADO \$1 · YOUNG GUNS™ GREEN CHILE \$1.25 · BACON \$2

VEGAN GLUTEN FREE BUN AVAILABLE


## GREEN CHILE CHEESE

Fresh, all natural, 7 oz, hormone & antibiotic free beef, cheddar, Young Guns green chile, housemade pickles, lettuce & tomato on our bakery bun. 16.50

## CLASSIC

Fresh, all natural, 7 oz, hormone & antibiotic free beef, housemade pickles, lettuce, tomato & onion on our bakery bun. 15

## CLASSIC BEYOND™ BURGER

Beyond™ Burger built with housemade pickles, lettuce, tomato & onion on our bakery bun. 15.75  Vegan bun available.

## GRILLED OR CRISPY CHICKEN

All natural, cage free chicken breast, housemade pickles, lettuce, tomato & onion on our bakery bun. 15.50



## Sides

FRIES · FRESH FRUIT · COLESLAW · GREENS SALAD  
ONION RINGS OR SWEET POTATO FRIES \$1

# SANDWICHES & MELTS

## TURKEY JACK *New Version!*

Since 1988. House roasted, hand pulled turkey, tomato, pepper jack, Young Guns green chile, on grilled, buttered Rustic. 16

## CALIFORNIAN MELT

Since 1988. Fresh avocado, Swiss, sautéed mushrooms, caramelized onions, tomatoes, & ranch. On grilled, buttered Rustic. 14.00

## GRILLED CHEESE

Simply delicious – our buttered Rustic white bread & thickly sliced cheddar. 9.50

## DILLED & CHILLED CHICKEN SALAD

Freshly poached chicken breast. Tossed with dill, diced red onion, real mayo on a crusty baguette. 16.50

## FRENCH DIP

All natural top round roast beef, melted Swiss, frizzled onions, toasty baguette, au jus. 18

## EGG SALAD

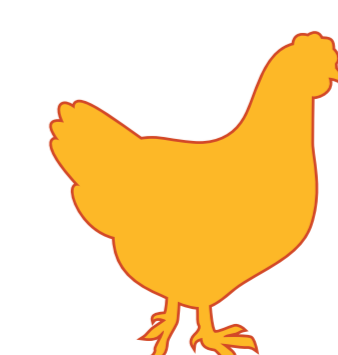
Made fresh to order with cage free eggs, real mayo, green onion. Choice of bread. 13.50

## GRILLED MAC & CHEESE MELT

Mac & Cheese meets our Grilled Cheese for a gooey, creamy, crunchy treat. 14

## SUPERSTAR BLT

All natural Hickory smoked bacon, greens, tomato, honey mustard aioli, baguette. 13.50



ANTIBIOTIC, CAGE & HORMONE FREE

39 FRESH FRUITS & VEGGIES  
CHOPPED DAILY 