

BREAKFAST ALL DAY

RED BIRD TURKEY SAUSAGE

CAGE FREE EGGS

ALL NATURAL BACON

RANCH BREAKFAST

2 eggs* cooked in butter, 2 turkey green chile sausage patties or 3 slices of bacon, home fries, toast & homemade jam. 13

AVO TOAST

Basted, cage free eggs*, fresh avocado slices, Romano on buttered, grilled brioche. 12

TWO BIRDS & A BISCUIT

Turkey sausage gravy, crispy chicken breast, & a fried egg* sandwiched in a homemade buttermilk biscuit. 15.75

SOUTHWEST BENNIE

Fresh queso sauce, cage free eggs*, turkey green chile sausage patties, English muffin. 15.50

HUEVOS RANCHEROS

Over easy eggs*, homemade red or green, pintos and papitas over flour or corn tortillas. 13

BREAKFAST BURRITO

Really big. Eggs*, cheddar, papitas, spicy pintos, homemade red or green, onion and tomatoes. 13 + *bacon or sausage*. 1.50

GRABURRITO

Egg*, cheddar, chile. 9.50 + *bacon or sausage*. 1.50

RISE & SHINE SANDWICH

Scrambled eggs*, cheddar, choice of turkey green chile sausage or bacon, choose an English muffin or homemade buttermilk biscuit. Served with home fries. 12

BUILD YOURSELF AN OMELET

CHOOSE 3: cheddar, cheddar jack, Swiss, pepper jack, cream cheese, Young Guns green chile, organic spinach or greens, avocado, bacon*, turkey sausage, mushrooms, red pepper. With home fries & toast or bagel. 14
COMPLIMENTARY ADDS: tomato, roasted garlic, green or red onion.

FABULOUS FRENCH TOAST

Our thick cut brioche, fresh strawberries & bananas, caramelized brown sugar butter sauce, lots of real whipped cream. 14.50

JUST FRENCH TOAST 11

GLUTEN-NOT FLAPJACKS

Light n fluffy – rice flours, millet, flax, pumpkin, sunflower seeds, pure cane syrup. 12

BABY JACKS 10

BLUEBERRY PANCAKES

Made from scratch, pure cane syrup. 11

BABY CAKES 9

ORGANIC OATMEAL

Bob's Red Mill organic oatmeal, cranberries, raisins, walnuts. Choice of dairy, soy, oat or almond milk. 7.50

BAGEL & CREAM CHEESE 4.50

DISHES & BOWLS

HIDDEN TREASURE

Hidden below a mound of organic Jasmine rice and our delicate, slightly mild coconut red curry sauce are fresh, Asian vegetables and seasoned chicken. 16.50 Sub TOFU

BUDDHA BOWL

CHICKEN 16 | TOFU 16 | VEGGIES 13
Sautéed veggies, ginger & lemongrass sauce, teriyaki, organic brown or Jasmine rice, crunchy wontons.

CHICKEN COUSCOUS RISOTTO

Creamy pearly couscous risotto, rosemary infused chicken breast, feta, green peas, and fresh broccoli. 17.50

STEW POT CHICKEN

Deep dish, veggie packed chicken pot pie with tons of flavor. Topped with a big, homemade biscuit. 18

FISH & CHIPS

Beer battered wild Atlantic cod, fries, fresh coleslaw, & tartar sauce. 19.50

HOMEMADE CHICKEN TENDERS

Made fresh to order with all natural chicken breast & a heap of fries. Choose ranch, honey Sriracha, Mustard Aioli or Buffalo sauce. 16

GRILLED FISH TACOS

Grilled Atlantic Cod, avocado, crisp coleslaw, pickled vegetables, spicy STAR Sauce with corn or flour tortillas. 17.50

MAC & CHEESE 12

+ GRILLED CHICKEN 5 | CRISPY CHICKEN 5
+ BROCCOLI 2.50 MINI MAC 9

QUESO MOUNTAIN (OF FRIES)

Homemade queso sauce, hickory smoked bacon, NM green chile. 11

CAULIFLOWER (UN) WINGS

Crispy cauliflower florets tossed in homemade Buffalo or Honey Sriracha sauce. Buttermilk ranch for dipping. 11

Seasonal

POSOLE VERDE

Flavorful local hominy with big pieces of pork, fresh tomatillos, onions, poblanos, & jalapeño peppers. Served with two warm flour tortillas. 14.50

OVERLOADED QUESADILLA

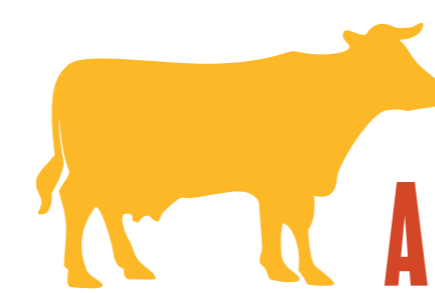
Spicy grilled chicken, black bean relish, batter dipped onions, tons of cheeses. 12

TASTY TOFU TACOS

100% plants. You won't miss the meat. 12

HIDDEN TREASURE

One night, long ago, our Chef had a dream for this delicious dish – Hidden Treasure. Hidden below a mound of organic Jasmine rice and our delicate, slightly mild coconut red curry sauce are fresh, Asian vegetables and seasoned chicken. 16.50 Sub TOFU



GRASS FED
ALL NATURAL

BURGERS ETC.

HOMEMADE RANCH · STAR SAUCE · HONEY SRIRACHA · HONEY MUSTARD AIOLI
+ CHEESE OR AVOCADO \$1 · YOUNG GUNS™ GREEN CHILE \$1.25 · BACON \$2

VEGAN GLUTEN FREE BUN AVAILABLE

GREEN CHILE CHEESE

Fresh, all natural, hormone & antibiotic free Angus beef*, cheddar, Young Guns green chile, lettuce & tomato on our bakery bun. 15.75

CLASSIC

Fresh, all natural, hormone & antibiotic free Angus beef*, homemade pickles, lettuce, tomato & onion on our bakery bun. 14.75

CLASSIC BEYOND™ BURGER

Beyond™ Burger built with homemade pickles, lettuce, tomato & onion on our bakery bun. 15 ☺ Vegan bun available.

GRILLED OR CRISPY CHICKEN

All natural, cage free chicken breast & homemade pickles, lettuce, tomato & onion on our bakery bun. 15

FRESH SALADS

HOMEMADE DRESSINGS

VERANO SALAD

Chicken breast in seasoned, crispy tortilla crumbs, romaine, jicama, cotija cheese, tomatoes, black beans, roasted corn, house made chipotle dressing. 17

CRAVE

Lot of bleu cheese, almonds, greens, strawberries, oranges, apples, cranberries, tomatillo lime vinaigrette. 14 WALDORF IT +3

CHINESE CRUNCH

Chopped fresh Asian vegetables, seasoned, grilled chicken with teriyaki, crunchy wontons, toasted almonds, Asian sesame dressing. 16.50 ☺ TOFU

GARDEN OF GREENS

Greens, olives, jicama, grape tomatoes, tomatillo lime vinaigrette. 8.50

TOSSED COBB

Grilled, all natural chicken & Hickory smoked bacon, hard boiled egg, bleu cheese, avocado, tomatillo lime vinaigrette. 17

CHICKEN MEDITERRANEAN

Pesto seasoned grilled chicken, feta, avocado, greens, spiced chickpeas, freshly diced veggies, lemon avocado vinaigrette. 16.50

ATHENA

Hand breaded feta chunks, fresh avocado, organic spinach & greens, Greek olives, tomato, lemon avocado vinaigrette. 16

SOUP & SALAD 10.50

FRESH SOUPS 6.50 cup | 8 bowl

Gluten Not

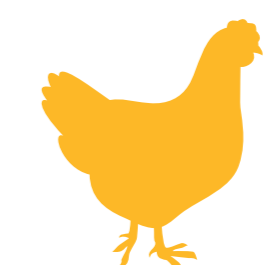
Vegan



Sides

FRIES · FRESH FRUIT · COLESLAW · GREENS SALAD
ONION RINGS OR SWEET POTATO FRIES \$1

SANDWICHES



ANTIBIOTIC, CAGE & HORMONE FREE

TURKEY JACK

Since 1988. Freshly sliced turkey, tomato, pepper jack, Young Guns green chile, on buttered Rustic. 14.75

FRENCH DIP

All natural Angus beef, melted Swiss, frizzled onions, homemade au jus. 17.50

GRILLED CHEESE

Simply delicious – our buttered Rustic white bread & thickly sliced cheddar. 9

CALIFORNIAN MELT

Since 1988. Fresh avocado, Swiss, sautéed mushrooms, caramelized onions, tomatoes, & ranch. on buttered Rustic. 13.50

DILLED & CHILLED CHICKEN SALAD

Freshly poached Chicken Breast, with dill, diced red onion, real mayo, on a crusty baguette. 15.50

GRILLED MAC & CHEESE MELT

Mac & Cheese meets our Grilled Cheese for a gooey, creamy, crunchy treat. 13.50

SUPERSTAR BLT

All natural Hickory smoked bacon, greens, tomato, honey mustard aioli, baguette. 13

EGG SALAD

Made fresh to order with cage free eggs, real mayo, green onion. Choice of bread. 13

39 FRESH FRUITS & VEGGIES
CHOPPED DAILY