

BREAKFAST ALL DAY

● CAGE FREE EGGS ●

RANCH BREAKFAST

2 eggs* cooked in butter, 2 turkey green chile sausage patties or 3 slices of bacon, home fries, toast & homemade jam. 13

AVO TOAST

Basted, cage free eggs*, fresh avocado slices, Romano on buttered, grilled brioche. 12

TWO BIRDS & A BISCUIT

Turkey sausage gravy, fried chicken breast, & a fried egg* sandwiched in a homemade buttermilk biscuit. 15

SOUTHWEST BENNIE

Fresh queso sauce, cage free eggs*, turkey green chile sausage patties, English muffin. 15

HUEVOS RANCHEROS

Over easy eggs*, homemade red or green, pintos and papitas over flour or corn tortillas. 13

BREAKFAST BURRITO

Really big. Eggs*, cheddar, papitas, spicy pintos, homemade red or green, onion and tomatoes. 13 + *bacon or sausage*. 1.50

GRABURRITO

Egg*, cheddar, chile. 9 + *bacon or sausage*. 1.50

RISE & SHINE SANDWICH

Scrambled eggs*, cheddar, choice of turkey green chile sausage or bacon, choose an English muffin or homemade biscuit. Served with home fries. 11

BUILD YOURSELF AN OMELET

CHOOSE 3: cheddar, cheddar jack, Swiss, pepper jack, cream cheese, Young Guns green chile, organic spinach or greens, avocado, bacon*, turkey sausage, mushrooms, red pepper. With home fries & toast or bagel. 14
COMPLIMENTARY ADDS: tomato, roasted garlic, green or red onion.

FABULOUS FRENCH TOAST

Our thick cut brioche, fresh strawberries & bananas, caramelized brown sugar butter sauce, lots of real whipped cream. 14

JUST FRENCH TOAST

GLUTEN-NOT FLAPJACKS

Light n fluffy – rice flours, millet, flax, pumpkin, sunflower seeds, pure cane syrup. 12

BABY JACKS

BLUEBERRY PANCAKES

Made from scratch, pure cane syrup. 11

BABY CAKES

ORGANIC OATMEAL

Bob's Red Mill organic oatmeal, cranberries, raisins, walnuts. Choice of dairy, soy, oat or almond milk. 7

BAGEL & CREAM CHEESE

3.50



BURGERS ETC.

HOMEMADE RANCH · STAR SAUCE · HONEY SRIRACHA · HONEY MUSTARD AIOLI
+ CHEESE OR AVOCADO \$1 · YOUNG GUNS™ GREEN CHILE \$1.25 · BACON \$2

VEGAN GLUTEN FREE BUN AVAILABLE

GREEN CHILE CHEESE

Fresh, all natural, hormone & antibiotic free Angus beef*, cheddar, Young Guns green chile, lettuce & tomato on our bakery bun. 15.50

CLASSIC

Fresh, all natural, hormone & antibiotic free Angus beef*, homemade pickles, lettuce, tomato & onion on our bakery bun. 14.50

GRILLED OR CRISPY CHICKEN

All natural, cage free chicken breast & homemade pickles, lettuce, tomato & onion on our bakery bun. 15

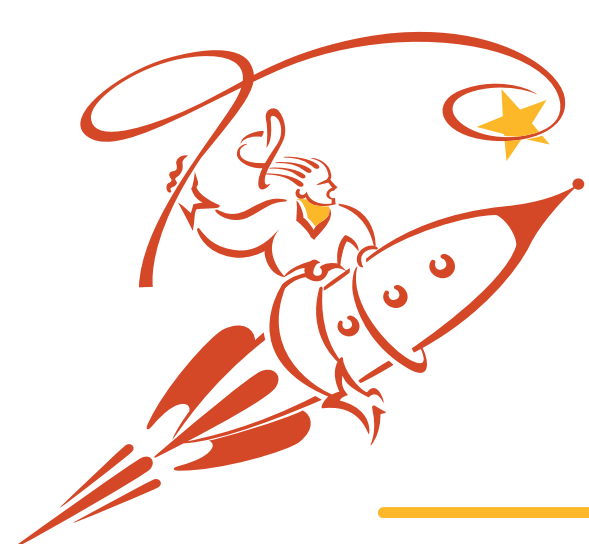
POWERED BY PLANTS

CLASSIC BEYOND™ BURGER

Beyond™ Burger built with homemade pickles, lettuce, tomato & onion on our bakery bun. 15

BEYOND™ MEDITERRANEAN BURGER

We're going beyond the expected by offering the nutritious, delicious plant-powered Beyond™ Burger built with fresh avocado, feta, basil pesto & sundried tomatoes. 16



Sides

FRIES · FRESH FRUIT · COLESLAW · GREENS SALAD
ONION RINGS OR SWEET POTATO FRIES \$1

SANDWICHES

TURKEY JACK

Since 1988. Freshly sliced turkey, tomato, pepper jack, Young Guns green chile. 14

RANCHER'S MELT

Seasoned, all natural Angus beef, pepper jack, Young Guns green chile, horseradish sauce. 16.50

FRENCH DIP

All natural Angus beef, melted Swiss, frizzled onions, homemade au jus. 16.50

GRILLED MAC & CHEESE MELT

Grilled Cheese meets our Mac & Cheese for a gooey, creamy, crunchy treat. 13.50

GRILLED CHEESE

Simply delicious – our buttered Rustic white bread & thickly sliced cheddar. 10

CALIFORNIAN MELT

Since 1988. Fresh avocado, Swiss, pan sautéed mushrooms, caramelized onions, tomatoes, & ranch. 13.50

SUPERSTAR BLT

All natural Hickory smoked bacon, greens, tomato, honey mustard aioli, baguette. 12.50

DILLED & CHILLED CHICKEN SALAD

Chicken poached fresh today – with dill, diced red onion, real mayo, on a crusty baguette. 15.50

EGG SALAD

Made fresh to order with cage free eggs, real mayo, green onion. Choice of bread. 12

BAJA SHRIMP TACOS

3 warm tortillas each piled with 3 plump and crispy shrimp drizzled with our spicy pineapple sriracha glaze, fresh and crunchy Asian slaw, pico de gallo. 16.50

VERANO SALAD

Chicken breast in seasoned, crispy tortilla crumbs, romaine, jicama, cotija cheese, tomatoes, black beans, roasted corn, house made chipotle dressing. 16.50

DILLED & CHILLED CHICKEN SALAD

Chicken poached fresh today – with dill, diced red onion, real mayo, on a crusty baguette. 15.50

Seasonal

SPICY BEEF BANH MI

Thin shaved, spicy beef, fresh Asian salad, sweet, Vietnamese sauce, piled into a toasty baguette, with house made pickled onions & cucumbers. 16

VEGAN STREET TACOS

3 big tacos piled high with Beyond Sausage, mushrooms, fresh veggies, caramelized onions & crunchy corn strips. 14

CAULIFLOWER (UN) WINGS

Crispy cauliflower florets tossed in homemade Buffalo or Honey Sriracha sauce. Buttermilk ranch for dipping. 11

DISHES & BOWLS

BUDDHA BOWL

CHICKEN 16 | TOFU 16 | VEGGIES 13

Sautéed veggies, ginger & lemongrass sauce, teriyaki, organic brown or Jasmine rice, crunchy wontons.

CHICKEN COUSCOUS RISOTTO

Creamy pearled couscous risotto, rosemary infused chicken breast, feta, green peas, fresh broccoli, sundried tomatoes. 17

FISH DISH

Generous fillet of seasoned, pan fried wild North Atlantic Cod, topped with porcini butter, served over sautéed fresh spinach, mushrooms, & Israeli couscous. 19

MAC & CHEESE

11
+ Grilled or Crispy Chicken 5 + Broccoli 2.50
MINI MAC 7.50

HOMEMADE CHICKEN TENDERS

Made fresh to order with all natural chicken & a heap of fries. Choose ranch, honey Sriracha, Mustard Aioli or Buffalo sauce. 15

FISH & CHIPS

Beer battered wild North Atlantic cod, fries, fresh coleslaw, & tartar sauce. 19

GRILLED FISH TACOS

Grilled North Atlantic Cod, avocado, crisp coleslaw, pickled vegetables, spicy STAR Sauce with corn or flour tortillas. 16.50

FRESH SALADS

HOMEMADE DRESSINGS

CRAVE

Bleu cheese, almonds, greens, strawberries, oranges, apples, cranberries, tomatillo lime vinaigrette. 14

WALDORF IT + 3.00

CHINESE CRUNCH

A beautiful mountain of fresh Asian vegetables, seasoned, grilled chicken breast with teriyaki, crunchy wontons, toasted almonds, our Asian sesame dressing. 16.50

ATHENA

Hand breaded feta chunks, fresh avocado, organic spinach & greens, Greek olives, tomato, lemon avocado vinaigrette. 16

TOSSED COBB

Grilled, all natural chicken breast & Hickory smoked bacon, hard boiled egg, bleu cheese, avocado, tomatillo lime vinaigrette. 16.50

CHICKEN MEDITERRANEAN

Pesto seasoned grilled chicken, feta, avocado, greens, spiced chickpeas, freshly diced veggies, lemon avocado vinaigrette. 16

GARDEN OF GREENS

Greens, olives, jicama, grape tomatoes, tomatillo lime vinaigrette. 8

SOUP & SALAD

10.50

FRESH SOUPS

6.50 cup | 8.00 bowl