

# BREAKFAST ALL DAY

● CAGE FREE EGGS ●

## RANCH BREAKFAST

2 eggs\* cooked in butter, 2 turkey green chile sausage patties or 3 slices of bacon, home fries, toast & homemade jam. 13

## AVO TOAST

Basted, cage free eggs\*, fresh avocado slices, Romano on buttered, grilled brioche. 12

## TWO BIRDS & A BISCUIT

Turkey sausage gravy, fried chicken breast, & a fried egg\* sandwiched in a homemade buttermilk biscuit. 15

## SOUTHWEST BENNIE

Fresh queso sauce, cage free eggs\*, turkey green chile sausage patties, English muffin. 15

## HUEVOS RANCHEROS

Over easy eggs\*, homemade red or green, pintos and papitas over flour or corn tortillas. 13

## BREAKFAST BURRITO

Really big. Eggs\*, cheddar, papitas, spicy pintos, homemade red or green, onion and tomatoes. 13 + *bacon or sausage*. 1.50

## GRABURRITO

Egg\*, cheddar, chile. 9 + *bacon or sausage*. 1.50

## RISE & SHINE SANDWICH

Scrambled eggs\*, cheddar, choice of turkey green chile sausage or bacon, choose an English muffin or homemade biscuit. Served with home fries. 11

## BUILD YOURSELF AN OMELET

**CHOOSE 3:** cheddar, cheddar jack, Swiss, pepper jack, cream cheese, Young Guns green chile, organic spinach or greens, avocado, bacon\*, turkey sausage, mushrooms, red pepper. With home fries & toast or bagel. 14  
**COMPLIMENTARY ADDS:** tomato, roasted garlic, green or red onion.

## FABULOUS FRENCH TOAST

Our thick cut brioche, fresh strawberries & bananas, caramelized brown sugar butter sauce, lots of real whipped cream. 14

## JUST FRENCH TOAST

## GLUTEN-NOT FLAPJACKS

Light n fluffy – rice flours, millet, flax, pumpkin, sunflower seeds, pure cane syrup. 12

## BABY JACKS

## BLUEBERRY PANCAKES

Made from scratch, pure cane syrup. 11

## BABY CAKES

8.75

## ORGANIC OATMEAL

Bob's Red Mill organic oatmeal, cranberries, raisins, walnuts. Choice of dairy, soy, oat or almond milk. 7

## BAGEL & CREAM CHEESE

3.50



## BURGERS ETC.

HOMEMADE RANCH · STAR SAUCE · HONEY SRIRACHA · HONEY MUSTARD AIOLI  
+ CHEESE OR AVOCADO \$1 · YOUNG GUNS™ GREEN CHILE \$1.25 · BACON \$2

VEGAN GLUTEN FREE BUN AVAILABLE

## GREEN CHILE CHEESE

Fresh, all natural, hormone & antibiotic free Angus beef\*, cheddar, Young Guns green chile, lettuce & tomato on our bakery bun. 15.50

## CLASSIC

Fresh, all natural, hormone & antibiotic free Angus beef\*, homemade pickles, lettuce, tomato & onion on our bakery bun. 14.50

## GRILLED OR CRISPY CHICKEN

All natural, cage free chicken breast & homemade pickles, lettuce, tomato & onion on our bakery bun. 15

## POWERED BY PLANTS

## CLASSIC BEYOND™ BURGER

Beyond™ Burger built with homemade pickles, lettuce, tomato & onion on our bakery bun. 15

## BEYOND™ MEDITERRANEAN BURGER

We're going beyond the expected by offering the nutritious, delicious plant-powered Beyond™ Burger built with fresh avocado, feta, basil pesto & sundried tomatoes. 16



## Sides

FRIES · FRESH FRUIT · COLESLAW · GREENS SALAD  
ONION RINGS OR SWEET POTATO FRIES \$1

## SANDWICHES

## TURKEY JACK

Since 1988. Freshly sliced turkey, tomato, pepper jack, Young Guns green chile. 14

## RANCHER'S MELT

Seasoned, all natural Angus beef, pepper jack, Young Guns green chile, horseradish sauce. 16.50

## FRENCH DIP

All natural Angus beef, melted Swiss, frizzled onions, homemade au jus. 16.50

## GRILLED MAC & CHEESE MELT

Grilled Cheese meets our Mac & Cheese for a gooey, creamy, crunchy treat. 13.50

## GRILLED CHEESE

Simply delicious – our buttered Rustic white bread & thickly sliced cheddar. 10

## CALIFORNIAN MELT

Since 1988. Fresh avocado, Swiss, pan sautéed mushrooms, caramelized onions, tomatoes, & ranch. 13.50

## SUPERSTAR BLT

All natural Hickory smoked bacon, greens, tomato, honey mustard aioli, baguette. 12.50

## DILLED & CHILLED CHICKEN SALAD

Chicken poached fresh today – with dill, diced red onion, real mayo, on a crusty baguette. 15.50

## EGG SALAD

Made fresh to order with cage free eggs, real mayo, green onion. Choice of bread. 12

## BAJA SHRIMP TACOS

3 warm tortillas each piled with 3 plump and crispy shrimp drizzled with our spicy pineapple sriracha glaze, fresh and crunchy Asian slaw, pico de gallo. 16.50

## VERANO SALAD

Chicken breast in seasoned, crispy tortilla crumbs, romaine, jicama, cotija cheese, tomatoes, black beans, roasted corn, house made chipotle dressing. 16.50

## DILLED & CHILLED CHICKEN SALAD

Chicken poached fresh today – with dill, diced red onion, real mayo, on a crusty baguette. 15.50

## Seasonal

## SPICY BEEF BANH MI

Thin shaved, spicy beef, fresh Asian salad, sweet, Vietnamese sauce, piled into a toasty baguette, with house made pickled onions & cucumbers. 16

## VEGAN STREET TACOS

3 big tacos piled high with Beyond Sausage, mushrooms, fresh veggies, caramelized onions & crunchy corn strips. 14

## CAULIFLOWER (UN) WINGS

Crispy cauliflower florets tossed in homemade Buffalo or Honey Sriracha sauce. Buttermilk ranch for dipping. 11

## DISHES & BOWLS

## BUDDHA BOWL

CHICKEN 16 | TOFU 16 | VEGGIES 13

Sautéed veggies, ginger & lemongrass sauce, teriyaki, organic brown or Jasmine rice, crunchy wontons.

## CHICKEN COUSCOUS RISOTTO

Creamy pearled couscous risotto, rosemary infused chicken breast, feta, green peas, fresh broccoli, sundried tomatoes. 17

## FISH DISH

Generous fillet of seasoned, pan fried wild North Atlantic Cod, topped with porcini butter, served over sautéed fresh spinach, mushrooms, & Israeli couscous. 19

## MAC & CHEESE

11  
+ Grilled or Crispy Chicken 5 + Broccoli 2.50  
MINI MAC 7.50

## HOMEMADE CHICKEN TENDERS

Made fresh to order with all natural chicken & a heap of fries. Choose ranch, honey Sriracha, Mustard Aioli or Buffalo sauce. 15

## FISH & CHIPS

Beer battered wild North Atlantic cod, fries, fresh coleslaw, & tartar sauce. 19

## GRILLED FISH TACOS

Grilled North Atlantic Cod, avocado, crisp coleslaw, pickled vegetables, spicy STAR Sauce with corn or flour tortillas. 16.50

## FRESH SALADS

HOMEMADE DRESSINGS

## CRAVE

Bleu cheese, almonds, greens, strawberries, oranges, apples, cranberries, tomatillo lime vinaigrette. 14

WALDORF IT + 3.00

## CHINESE CRUNCH

A beautiful mountain of fresh Asian vegetables, seasoned, grilled chicken breast with teriyaki, crunchy wontons, toasted almonds, our Asian sesame dressing. 16.50

## ATHENA

Hand breaded feta chunks, fresh avocado, organic spinach & greens, Greek olives, tomato, lemon avocado vinaigrette. 16

## TOSSED COBB

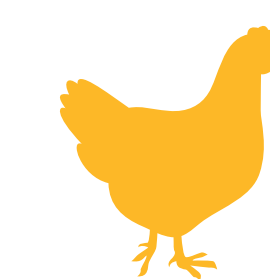
Grilled, all natural chicken breast & Hickory smoked bacon, hard boiled egg, bleu cheese, avocado, tomatillo lime vinaigrette. 16.50

## CHICKEN MEDITERRANEAN

Pesto seasoned grilled chicken, feta, avocado, greens, spiced chickpeas, freshly diced veggies, lemon avocado vinaigrette. 16

## GARDEN OF GREENS

Greens, olives, jicama, grape tomatoes, tomatillo lime vinaigrette. 8



ANTIBIOTIC, CAGE & HORMONE FREE